

## OXFORD PUBLIC SCHOOLS

The Oxford Public Schools is committed to providing a school environment that enhances learning

As stated in Section 204 of Public Law 108-265 CHILD NUTRITION and WIC REAUTHORIZATION ACT of 2004

To accomplish these goals:

Child Nutrition Programs comply with federal, state and local requirements. Child Nutrition Programs are accessible to all children.

Nutrition education is provided and promoted by administrator and classroom teachers, support staff, and health educators reinforcing eating of breakfast and bringing healthy snacks to school and/or lunch items. Physical activity outside of physical education classes will be promoted and encouraged.

All school-based activities are consistent with local wellness policy goals.

All foods and beverages made available on campus (including vending, concessions, ala carte, rewards, student stores, parties, and fundraising) during the school day are consistent with the current Dietary Guidelines for Americans and all food safety and security guidelines. We must consider food safety, which includes food allergies and sanitation. Snacks will be scheduled only when they can be served two hours before or after scheduled lunch times. Any food brought by students may not be shared with others. Please refer to suggested lists of acceptable snacks. A designated person or committee will oversee the implementation of the policy recommendations.

## OXFORD PUBLIC SCHOOLS

*School Meals Program  
2016-2017*

*Patricia Hokanson  
Food Service Director*

### NEW PRICES

#### **Breakfast:**

\$1.50, \$.25 reduced

#### **Lunch Prices:**

Elementary: \$2.70

Middle & High School: \$3.25

\$.50 reduced

Adult Meals \$3.75

(includes sales tax)

#### **Milk:**

\$.50 Other items are available ALA CARTE and their prices are posted in the schools.

### SCHOOL COMMITTEE SCHOOL LUNCH CHARGE POLICY

- ⇒ Middle & High School students will be allowed to charge one meal.
- ⇒ Elementary students will be allowed to charge one week.
- ⇒ After charge limit is reached students will be offered a cheese sandwich as their entree.

To assist parents the following payment options are available:

#### **On-line payments:**

Money can be placed on a student's account by registering at ***myschoolbucks.com***. There is a direct link on the Oxford Public Schools website (contact Food Services or School Secretary for your students 10-digit account number).

#### **Cash or checks:**

Money in the form of cash or checks may be sent to the Food Service office or given to the cashier at lunch with student name and building in the memo section.

#### **Free/reduced:**

A **NEW APPLICATION** must be completed **YEARLY** and on file in the Food Service office to qualify.

Please direct all questions regarding the School Lunch Program (free, reduced and deposits to student accounts) to:

Oxford High School/Food Service Office  
495 Main Street, Oxford, MA 01540  
phokanson@oxps.org 508-987-6056

Adopted into policy by the Oxford School Committee April 25, 2006, revised and approved on September 28, 2016.

## Free & Reduced Meals

Families that meet minimum income requirements may qualify for a free or reduced price lunch/breakfast complete meal only.

### **ONLY ONE APPLICATION IS NEEDED PER FAMILY.**

Please be careful completing this form. You **must** include all family members, your social security number, and signature. You **must** also include your income or food stamp number. It is very important that the application be filled out completely before submitting it to the Food Service office.

Anyone in the program on June 2016 will receive lunch *temporarily* thru September 2017. A new application or direct certification **must** be received by then. **DIRECT CERTIFICATION IS DONE THROUGH THE STATE LIST.** You will receive a letter if you are on the Direct Certification list. Applications are accepted anytime.

### **Computer Point of Sale**

All students have a 4 digit lunch account number. This number is active until your child graduates. Students can access their accounts on the PIN pads located at each register in the lunch room. It is strongly recommended that all students learn their PIN number, since this will make the lunch lines move faster.

We encourage parents to deposit money into the student's lunch account, although students may still pay cash. An online payment option is now available at [www.myschoolbucks.com](http://www.myschoolbucks.com) for easy access to your child's account.

**Money paid into an account may only be used to buy a meal. This helps assure parents that money is only used for a healthy lunch. All "Ala Cart" items must be paid with cash.**

When sending in money by check, which we strongly recommend over cash, please include the student's name and the school name. Prepayments can be made at any time.

A small fee is charged for online payments.

### **Elementary Schools:**

Students will receive one free lunch for every **positive \$30.00** deposit made to their account.

### **High School & Middle School:**

Students will receive one free lunch for every **positive \$35.00** deposit made to their account.

**(This will cover your online fee charges.)**

### **National School Lunch Program:**

This is a Federal and State regulated program. **No local tax money.** All funds are obtained from Federal and State programs as well as money collected from students and staff. Federal regulations control the menu planning. Fat is not to exceed 30% of total calories with less than 10% allowable from saturated fat on a weekly basis. These targets and others are set to meet RDA guidelines. We will publish a complete meal on every menu. For each week published, you will find that we meet all regulated targets. This assumes your child has made wise choices and is consuming his/her complete meal. Regulations can only help us offer good choices.

### **RDA Target Guidelines for School Lunch**

Chaffee:	Calories—650	Total Fat — 30%
	Protein—8.43	Sat. Fat — 10%
Barton:	Calories—650	Total Fat — 30%
	Protein—9.30	Sat. Fat — 10%
Middle:	Calories—700	Total Fat — 30%
	Protein—13.73	Sat. Fat — 10%
High:	Calories—850	Total Fat— 30%
	Protein—16.70	Sat. Fat — 10%

### **Breakfast:**

1. Cold or Hot
2. Fruit
3. Juice
4. Milk (White)

### **Lunch:**

1. Entrees will include protein, vegetable and grain. Every student **must** take at least a portion 1/2-3/4 cup of vegetables.
2. Fruit
3. Milk

**A complete meal must consist of an entrée, At least a grain, milk and 1 cup total of fruit and vegetable.** If students decline to take **3** items they may not use their free, reduced, or money on account for their purchase (ex. Entrée with no dessert or milk will cost \$2.70 for grades 1-4 & \$3.25 for grades 5-12, reduced lunch is .50 cents Breakfast \$1.50 \$ .25 for reduced

### **Food Allergies:**

Please contact the Food Service office as soon as possible with information regarding your child's allergies.

Menus are sent home every 4 weeks (K-8) and also available on [www.oxps.org/Food Services](http://www.oxps.org/Food Services) or in local newspapers.