

# STAR

## SPORTS & RECREATION



ELITE PERFORMANCE  
BASKETBALL ACADEMY

24A Town Forest Road, Webster, MA 01570 - (508)461-5545

Register today by email! - [StarSportsandRec@gmail.com](mailto:StarSportsandRec@gmail.com)

Monthly Individual Tournaments with Prizes

\*Hot Shot & Free Throw Challenge

\*3 Point Contest

\*Skills Competition



### SPEED CLASS TWICE WEEKLY

## YOUTH SPEED CLASSES

**CLASSES FOCUS ON:**

- \* IMPROVING AGILITY
- \* INCREASING STRENGTH
- \* IMPROVING QUICKNESS
- \* OVERALL CONDITIONING

**BOYS & GIRLS** MONDAYS & WEDNESDAYS  
GRADES 4 - HIGH SCHOOL 4:30 - 5:30

**PROGRAM # 1**  
8 WEEKS  
2 SESSIONS PER WEEK  
INDIVIDUAL SESSIONS

**PROGRAM # 2**  
4 WEEKS  
2 SESSIONS PER WEEK

**REGISTER TODAY**

## School Break Events

# COLUMBUS DAY CLINIC

BOYS & GIRLS GRADES 4 - 12

**MONDAY OCTOBER 8, 2018**  
4th-6th GRADES: 9:00am - 12:30pm  
7th-12th GRADES: 1:30pm - 5:00pm

**CLINIC FOCUS:**  
SHOOTING  
BALL HANDLING  
PASSING  
FOOTWORK  
AND MORE!

REGISTRATION  
REQUIRED BY 10/3/18

# WEBSTER TRAVEL BASKETBALL TRYOUTS

**BOYS & GIRLS TEAMS**

26 OCT	4TH - 5TH GRADE BOYS 5TH - 6TH GRADE GIRLS 1:00 PM
26 OCT	6TH GRADE BOYS 7TH - 8TH GRADE GIRLS 1:45 PM
26 OCT	7TH - 8TH GRADE BOYS 1:30 PM

To Register - email child's name age and gender to:

[StarSportsandRec@gmail.com](mailto:StarSportsandRec@gmail.com)

### NERF WARS TWICE A MONTH

## NERF WARS

**BUY 1 GET 1 FREE SALE**

Register Today:  
[starsportsandrec@gmail.com](mailto:starsportsandrec@gmail.com)

### STAR KIDS - WEEKLY

## STAR SPORTS & RECREATION

Invites you to enjoy  
One FREE Open Play at  
**STAR KIDS**  
Me & My Coach - Toddler/Parent Sports Play  
WEDNESDAY, THURSDAY, AND FRIDAY  
9:00AM - 9:45AM  
10:00AM - 10:45AM  
11:00AM - 11:45AM

2-6 YEARS OLD